CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

Week 30 of Ordinary Time

Psalter Week II · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
58 Cromer Road, Sheringham,
Norfolk, NR26 8RT

ourladyandstjoseph.info
07879 658 915

Our Lady of Refuge Church
147 Overstrand Road, Cromer,
Norfolk, NR27 0JH

Parish Priest
Father Simon Davies JCL • 07879 658 915
simon.davies@rcdea.org.uk

Operations Manager
07884 537 836 • Richard McNulty
admin@ourladyandstjoseph.info

Treasurer
Caroline O'Grady
treasurer.stjosephsandolr@gmail.com

Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
safeguarding@ourladyandstjoseph.info

Sunday 25 October			**30 SUNDAY OF ORDINARY TIME**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	For the people	*at Cromer*
Sunday	9am Sung Mass	Christopher Sibellas +	*at Cromer*
	11am Sung Mass	Heather Horner	*at Sheringham*
	3pm Old Rite Mass	Tony Dady +	*at Sheringham*
Monday	26 October		**Ss Chad & Cedd**
	No Mass today		
Tuesday	27 October		**Feria**
	6pm Mass	John Anthony +	*at Sheringham*
	followed by Adoration with Confessions & then Benediction at 7.20pm		
Wednesday	28 October		**SS SIMON & JUDE**
	9.30am Mass	Private intention (†)	*at Cromer*
	followed by Adoration & Benediction by 10.30am, and tea & coffee in the Hall after		
	1.30pm Funeral Mass of Hugh Colledge		*at Sheringham*
Thursday	29 October		**Feria**
	9.30am Mass	Mary Arbuthnot +	
	at St Andrew's Anglican Church, Holt, NR25 6BB		
Friday	30 October		**Feria** *(Votive Mass of the Holy Cross)*
	9.30am Mass	Private intention (†)	*at Cromer*
Saturday	31 October		**Blessed Virgin Mary on Saturday**
	9.30am Mass	Holy Souls	*at Sheringham*
	followed by Confessions *until* 10.30am *and, at the same time, the* Rosary		
	10am onwards: Autumn Craft Fair in St Joseph Hall		
	5.30pm Confessions until 5.50pm		*at Cromer*

Next Sunday, 1 November, is All Saints' Day,
followed on Monday 2 November by All Souls' Day

FROM THE PARISH PRIEST

Because prayer is an exercise of the love of God, it can become difficult when we cling to other loves that compete with him or draw us away from the vocation he has given us. These obstacles may be external, or they may lie within us. To pray more freely, we are invited to practise **detachment**.

Interior detachment requires **mortification**. A word that sounds harsh, but one which means deliberate acts of self-denial that loosen the grip of self-love, teaching us not always to put our immediate desires first. We can return to the basics here. We deliberately undertake a Friday penance each week. This helps keep the rhythm of Holy Week before us *each* week, keeping our attention on the one whom we love, God.

Exterior detachment requires **humility**. This means accepting that we cannot control everything and everyone around us, and learning to receive things as they are rather than insisting they conform to our wishes. Both mortification and humility help create a proper sense of **detachment**, so that we become less occupied with ourselves, and freer to give our prayerful attention to God.

PARISH ANNOUNCEMENTS

As November approaches, it's time to prepare for the **visit and blessing of graves** in the first week of November to which is attached a plenary indulgence. Please see the noticeboard for the times Fr Simon will visit each cemetery. If you would like a particular grave blessed, **take a flag and plant it at the grave** over this week.

Throughout November, there will be a **book** for you to add names to be read out at Masses, and **donations accepted for Masses for the Holy Souls**.

Both our **DONA card readers** broke down last weekend and got sent away for repair; at the time of writing (Thursday PM), they may or may not be back in Church for this weekend. They have not been stolen, so don't worry!

Thank you to everyone who made our celebration of Cardinal Newman last Sunday a great success. Many first-time visitors were in the Church. Thank you to those parishioners who came.

Breeda Godfrey will be making 4-inch **Christmas Cakes** again this year; the price is now **£7 each**. Please let Breeda know if you want one or more cakes by email: godfrey.bag@gmail.com or text/WhatsApp: 07712618799

Christmas Shoeboxes need to be returned by the weekend 14/15 November. If you have any questions, call Dave 07831 394 346.

The next **Men's Group** will be on **Friday 6 November** at **St Joseph** at **6.30pm**, starting in St Joseph Chapel.

COLLECTION

Last weekend: **£1,307.10** *(Plate: £522.35 + £0 DONA* [see above] *+ £784.75 Standing Order average)*
Missio: **£307.45 • Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Arthur Fairhurst 1963, Winifred Platton 2001, Patricia Ward 2025, Jane Brady 1985, Josette Paccaud 1993, Kathleen Ferguson 1997, Eileen Ripper 1993, Thomas Dodgson 1999, Kevin Darby 2010, Ethel Ault 2009, Michael Wood 2020, Una Dewhurst 1989, Henry Hawes 1994, Lucia Walford 1998, Joseph Connolly 2007, James Harris 2015, Nuala Matthews 2023.

ETERNAL REST
GRANT UNTO THEM O LORD