CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

Week 26 of Ordinary Time

Psalter Week II · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
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Norfolk, NR26 8RT

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Our Lady of Refuge Church
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Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
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Sunday 27 September			**26 SUNDAY OF ORDINARY TIME**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	Mary Mattadgo +	*at Cromer*
Sunday	9am Sung Mass	Matthew & Mary *(thanksgiving)*	*at Cromer*
	11am Sung Mass	Concetta Mills	*at Sheringham*
	3pm Old Rite Mass	For the people	*at Sheringham*
Monday	28 September		**S Wenceslaus**
	No Mass today		
Tuesday	29 September		**MICHAELMAS**
	6pm Mass	Private intention (†)	*at Sheringham*
	followed by Adoration with Confessions & then Benediction at 7.20pm		
Wednesday	30 September		**S Jerome**
	No Mass today *due to diocesan priest funeral in Suffolk*		
Thursday	1 October		**S Therese of the Child Jesus & of the Holy Face**
	9.30am Mass	Martine Jensen	
	at St Andrew's Anglican Church, Holt, NR25 6BB		
Friday	2 October		**Guardian Angels**
First Friday	9.30am Mass	Kevin Hand +	*at Cromer*
Saturday	3 October		**Blessed Virgin Mary on Saturday**
First Saturday	9.30am Mass	Mary Jensen +	*at Sheringham*
	followed by Confessions until 10.30am & at the same time, the Rosary		
	5.30pm Confessions until 5.50pm		*at Cromer*

Next Sunday, there is a **second collection** for **CAFOD** • *Envelopes are available for this collection from this weekend*

Please note: no Mass & Warm Wednesday this week

FROM THE PARISH PRIEST

When we sit down with Christ and make a commitment to prayer, we can sometimes be filled with **distractions**. This can be frustrating, and we can think that we are doing something wrong. Distractions are the memories and thoughts that crop up when we try to enter silence: **we want to pray, but the mind wanders**. This is different from **dryness**, which is when we have no sense of attraction in prayer.

Some distractions are **involuntary**. The imagination and memory are like boiling cauldrons: they bubble up and splash about. We might suddenly remember something from years ago, or become aware of a rumbling tummy. These things are not sins or failures. We simply turn back to Christ and begin again. Sometimes there is an **external source** of distraction: a police siren, a door creaking, or someone having a conversation in church before or after Mass (*take that outside; your whisper may be louder than you think*). Where we can, we can make changes to our surroundings, remembering we can't control everything. There are also **voluntary distractions**: things we notice but then choose to follow, like looking around, checking the clock, or think about what we need to buy at the supermarket. These are worth noticing because, unlike an involuntary thought, *we have begun to give them our attention*. The "danger" lies not in the fact of a distraction but *following it*. We decide to stop following the distraction and choose to turn back to Christ. Every distraction is an opportunity. We notice that we have wandered, and then we **look at Christ again**.

PARISH ANNOUNCEMENTS

Thank you to all those who worked towards the celebration of our **parish feast day last week**, especially those who prepared our celebration in the hall, the choir, and servers.

On **Sunday 18 October**, at **5pm** at St Joseph, we will be having our **Musical Oratory: *a celebration of John Henry Newman in music, poetry and prose***. For our celebration of Newman in the Hall afterwards, you are needed and warmly invited to **bring some bring and share food and drink for the common table**.

The pre-Christmas **Autumn Craft Fair** will take place in **St Joseph Hall** on **Saturday 31 October**, **10am-2pm**, including our **café** and **tombola** and chatterbox stall, as well as professional crafters. This year, **we need cakes and biscuits** for the café and for sale, tombola prizes, and **we need good quality puzzles and books** to sell. Please contact Nicola Gilbert (nicago2004@yahoo.co.uk) for more info or to volunteer to help. **We also need some robust volunteers** to assist with some physical tasks including tables and car park management.

COLLECTION

12/13 September: ***£1,348.71*** • *19/20 September:* ***£1,082.61*** • *Aid to the Church in Need:* ***£1,552.72*** • *Home Mission Sunday:* ***£33.50*** • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Lawrence Clocherty 2006, Anne Perry 1990, Matthew Kavenagh 1997, Christine Lagan 2015, Arthur Sullivan 1985, Theodore Kleban 1993, Trevor Littlechild 1995, Stella James 2021.

ETERNAL REST
GRANT UNTO THEM
O LORD