CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

Week 21 of Ordinary Time

Psalter Week I · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
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Our Lady of Refuge Church
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Safeguarding Lead
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Sunday 23 August			**21 SUNDAY OF ORDINARY TIME**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	Christobel Columba Laing (F)	*at Cromer*
Sunday	9am Sung Mass	For the people	*at Cromer*
	11am Sung Mass	Fr Dick Healey +	*at Sheringham*
Monday	24 August		**S BARTHOLOMEW**
	12 noon: 20 minutes of Prayer to support Sheringham Beach Life		*at Sheringham*
Tuesday	25 August		**S Louis**
	6pm Mass	Fr Martin Sanky +	*at Sheringham*
	followed by Adoration with Confessions & then Benediction at 7.20pm		
	Prayer to support Sheringham Beach life included within Adoration this evening		
Wednesday	26 August		**B Dominic of the Mother of God**
	9.30am Mass	Private intention (PB)	*at Cromer*
	followed by Adoration & Benediction by 10.30am, and tea & coffee in the Hall after		
	12 noon: 20 minutes of Prayer to support Sheringham Beach Life		*at Sheringham*
Thursday	27 August		**S Monica**
	9.30am Mass	Michael Crick	
	at St Andrew's Anglican Church, Holt, NR25 6BB		
	12 noon: 20 minutes of Prayer to support Sheringham Beach Life		*at Sheringham*
Friday	28 August		**S Augustine**
	9.30am Mass	Simone Laing (F)	*at Cromer*
Saturday	29 August		**Passion of S John the Baptist**
	9.30am Mass	Emily Dvelys	*at Sheringham*
	followed by Confessions until 10.30am & at the same time, the Rosary		
	10.30am Retreat Half-Day in St Joseph Hall (coffee from 10am; finish by 1.30pm)		
	5.30pm Confessions until 5.50pm		*at Cromer*

Next Sunday is the last of the month • Mass in the old rite at 3pm at St Joseph then tea & coffee

FROM THE PARISH PRIEST

Concluding our series on the quiet prayers of the priest at Mass, we come to the cleansing of the vessels after Holy Communion. As he purifies the vessels, he says: ***What has passed our lips as food, O Lord, may we possess in purity of heart, that what has been given to us in time may be our healing for eternity.***

One of my favourite hymns has the line: "*So, Lord, at length when sacraments shall cease, may we be one with all thy Church above*". Our Christian life is moving towards a particular end. We receive gifts from God for our healing now, so that we may enjoy him all the more when he draws us to himself. **We pass through time on our way to eternity**. We are only travellers on a journey now, pilgrims going somewhere.

As we conclude these short meditations, we can keep the thought that the Mass is God's gift to us, not our own efforts to prove ourselves to him. Everything we have is from him. Behind all the words and gestures of the Mass, even those shrouded in strangeness or quietness, is one great mystery: **Christ gives himself to us, that we might surrender ourselves into his hands, so he might bring us home in his own time.**

PARISH ANNOUNCEMENTS

Thank you to everyone who worked hard to make our **parish barbeque** last weekend such a joyful occasion: cooking, cleaning, preparing, decorating, welcoming, and talking to new & different people.

Fr Richard Healey died on Tuesday last week. Some of you may remember Fr Dick**,** parish priest in Fakenham in between our very own Fr Tony & Fr Andrew, 2016-2020. He was 46 years a priest.

Sheringham Beach Life – ***"Life to the Full in Jesus"*** - will take place **24–27 August**: **activities for families and young people**. **Monday – Thursday**, there will **led prayer** each day in **St Joseph.**

Saturday is our **retreat half-day on "How to Pray":** from **10/10.30am in St Joseph Hall**. Bring a packed lunch; the day will end by 1.30pm.

Our **next parish walk** will be on Bank Holiday Monday, **31 August**, starting at **10am** from St Joseph. Stay tuned for more details!

Friday 4 September from **6pm** will be our **Parish Fish & Chips & Quiz** night at St Joseph Hall. £12.50 each (families with children please speak to Fr Simon for a deal). Bring your own drink. Please sign up on the sheet at the back of church.

Saturday 12 September this year doubles up at **Heritage Open Day** at St Joseph and the **Norfolk Churches Trust Bike Ride** at both churches. If you would like to sign up for a stint as a heritage welcoming/bike ride welcomer at St Joseph, and a bike ride welcomer at Our Lady of Refuge, please sign up for a slot at the back of the church from this weekend onwards.

COLLECTION

8/9 August: **£1,275.82** • *15/16 August*: **£1,250.08** • *SVP Raffle Ticket Sale:* **£445** • **Thank you!**
Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Harry Vinson, Clare Lawton 2020, Theresa O'Keefe 2021, William Murray 1979, Philip Hughes 2005, Joseph Sturgess 1965, John Brown 1998, Sheena Nichols 2015, Irene Hynes 2025, Paul Finn 2017, Win Holt 2019, Kenyon Secretan 1963, Patrick Buxton 2012, Harold Ogalbe 2020.

ETERNAL REST
GRANT UNTO THEM
O LORD