CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

Week 17 of Ordinary Time

Psalter Week I · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
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Sunday 26 July			**17 Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	For the people	*at Cromer*
Sunday	9am Sung Mass	Our grandparents, living & dead	*at Cromer*
	11am Sung Mass	Mr & Mrs G.E.C. Jarvis	*at Sheringham*
	3pm Old Rite Mass	Alan Robinson	*at Sheringham*
Monday	27 July		**Feria**
	No Mass today		
Tuesday	28 July		**Feria** *(Votive Mass of the Precious Blood)*
	6pm Mass	Rosaleen & John O'Grady +	*at Sheringham*
	followed by Adoration with Confessions & then Benediction at 7.20pm		
Wednesday	29 July		**Ss Martha, Mary & Lazarus**
	9.30am Mass	Henry B. Dechavez +	*at Cromer*
	followed by Adoration & Benediction by 10.30am, and tea & coffee in the Hall after		
Thursday	30 July		**S Peter Chrysologus**
	9.30am Mass	Frede Jensen +	
	at St Andrew's Anglican Church, Holt, NR25 6BB		
Friday	31 July		**S Ignatius Loyola**
	9.30am Mass	Rinu Matthew *(thanksgiving)*	*at Cromer*
Saturday	1 August		**S Alphonsus Liguori • Lammas Day**
First Saturday	9.30am Mass	Holy Souls	*at Sheringham*
	followed by Confessions until 10.30am & at the same time, the Rosary		
	10.30am -1.30pm **Retreat Half-Day** on St Matthew's Gospel in St Joseph Hall		
	5.30pm Confessions until 5.50pm		*at Cromer*

This Sunday is the annual **Day of Prayer for Grandparents & the Elderly**

2 August next week is the Solemnity of the Dedication of Joseph Church within St Joseph Church itself

FROM THE PARISH PRIEST

The next "**quiet prayer**" of the priest at Mass is prayed as he **washes his hands** at the side of the altar, after the bread and wine are prepared, and, if used, the incense has been burned. While washing his hands, the priest says: ***Wash me, O Lord, from my iniquity and cleanse me from my sin.***

These words come from Psalm 50 (51), the ***Miserere me***, the prayer of repentance of **King David** after his terrible sin which directly caused the death of his friend Uriah. David does not proudly find excuses for himself. He comes before God in humility, trusting that only God can cleanse him.

Often when washing my own hands during Mass, I am reminded of **Pontius Pilate** washing his hands before the crowd on Good Friday. Pilate was not acting with humility then, but pride. He felt *ashamed*, and got stuck there. His shame did not lead to a mature acknowledgement of his guilt as it should do. Instead, Pilate came up with excuses, and hid from God. I wonder how often we get stuck in shame, and so find excuses to avoid God. We should not dwell in shame with Pilate, but take the decision with David to acknowledge our guilt and come to God, **confessing our trust** in him. And **confessing our sins**. Pilate's avoidance was a source of misery. David's ***Miserere*** was the source of joy. A **joy** so deep he ***sang*** his **psalm**.

During this moment of the Mass, **we can ask for the grace not to *sin* like Pilate, but to *sing* like David**.

PARISH ANNOUNCEMENTS

Your **loose change collection box** is waiting for you to collect from your bench still if you didn't pick up one last weekend! Collect your spare change at home and bring it back for the **maintenance of the parish's fabric**. Then start again with an empty box!

Sheringham Beach Life – ***"Life to the Full in Jesus"*** - will take place **24–27 August**: **activities for families and young people**.

Friday 4 September from **6pm** will be our **Parish Fish & Chips & Quiz** night at St Joseph Hall… Put the date in your diary. More info about tickets soon.

This Saturday, there will be a **retreat half-day** at St Joseph Hall, starting at 10.30am with tea/coffee from 10am after Mass. We will be looking at St Matthew. Bring a packed lunch. The half-day will be over by 1.30pm. The next one will be 29 August.

Parish men's group will meet on **Friday 7 August** at **6.30pm**, starting in **St Joseph Chapel**, for prayer, followed by discussion & fellowship.

Sunday 16 August will be our annual **parish barbeque**, from **12 noon** at St Joseph Garden. No tickets; donations taken on the day.

COLLECTION

Last week: **£1,281.57** *(plate: £441.07 + £785.50 standing order average + £55 DONA)* • ***Stella Maris***: £489.81 • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Teresa Lawrence 1979, Brian Dewhurst 2010, Winifred Ribbands 1986, Michael Dumbrell 1988, Henry Boylan 2014, Walter Davies 2015, Agnes Hemus 1981, Josef Henriksen 1991, Cecilia Frediiani 1999, Bridgit Holland 1999, Joseph Silburn 2003, Isabel Kavenagh 1996, David Spalton 2004, Paul Wilde 1977, Vera Nott 2001, Bruno Sillard 2010.

ETERNAL REST
GRANT UNTO THEM
O LORD