CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

Week 16 of Ordinary Time

Psalter Week IV · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
58 Cromer Road, Sheringham,
Norfolk, NR26 8RT

ourladyandstjoseph.info
07879 658 915

Our Lady of Refuge Church
147 Overstrand Road, Cromer,
Norfolk, NR27 0JH

Parish Priest
Father Simon Davies JCL • 07879 658 915
simon.davies@rcdea.org.uk

Operations Manager
07884 537 836 • Richard McNulty
admin@ourladyandstjoseph.info

Treasurer
Caroline O'Grady
treasurer.stjosephsandolr@gmail.com

Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
safeguarding@ourladyandstjoseph.info

Sunday 19 July			**16 Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	For the people	*at Cromer*
Sunday	9am Sung Mass	Harry Sweeting +	*at Cromer*
	11am Sung Mass	Helen Thomas +	*at Sheringham*
Monday	20 July		**S Apollinaris**
	No Mass today		
Tuesday	21 July		**S Laurence of Brindisi**
	6pm Mass	Private intention (K)	*at Sheringham*
	followed by Adoration with Confessions & then Benediction at 7.20pm		
Wednesday	22 July		**S MARY MAGDALENE**
	9.30am Mass	Fr Raymond +	*at Cromer*
	followed by Adoration & Benediction by 10.30am, and tea & coffee in the Hall after		
Thursday	23 July		**S BRIDGET**
	9.30am Mass	Elizabeth Young +	
	at St Andrew's Anglican Church, Holt, NR25 6BB		
Friday	24 July		**S Sharbel Makhluf**
	9.30am Mass	Malcolm Menezes	*at Cromer*
Saturday	25 July		**S JAMES**
	9.30am Mass	Adrian Rudman +	*at Sheringham*
	followed by Confessions until 10.30am & at the same time, the Rosary		
	5.30pm Confessions until 5.50pm		*at Cromer*

Next Sunday is the last of the month • The **Old Rite Mass** will be at **3pm** at **St Joseph**, followed by tea & coffee • **Next Sunday** is also the annual **Day of Prayer for Grandparents & the Elderly**

N.b. Fr Simon has had some problems accessing and using his diocesan email account again recently; some other priests have been having a similar problem. Thank you for your patience.

FROM THE PARISH PRIEST

The next "**quiet prayer**" of the priest at Mass is prayed after the bread, wine and water have been placed on the altar. Bowing deeply, he says: ***With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight be pleasing to you, Lord God.***

This prayer echoes the words of the **three young men in the fiery furnace** (Daniel 3 in the Old Testament). In their absolute need in a moment of crisis, they came before God with nothing to offer except themselves: their humility, their trust, and their sorrow for sin.

The priest's deep bow is a sign of this same humility. We come before God not relying on our own achievements, but by trusting in him. Notice that the prayer asks not only that the sacrifice be accepted, but that ***we*** may be accepted: all the bits of us.

The fiery furnace is not just an ancient story. It is an image of the times when we find ourselves powerless, tested, and not in control. Like the three young men, we can only come to God trusting that he is with us in the fire of life. At this moment in the Mass, we pray with the priest, **asking God to receive us as we are**.

PARISH ANNOUNCEMENTS

From this weekend, we have a small box for you to take home to collect small change for the **maintenance of the parish's fabric**. Just collect your change at home and when it is full bring it back to be emptied (or call following the instructions on the box), and then start again with the empty box!

Parishioner **Julinhio Amic** will be showing his artwork for his **first major exhibition** before he goes to art college in the autumn. The exhibition will be at **St Peter & St Paul, Oulton**, Church Lane, NR11 6NU – *between Corpusty and Aylsham* – from **21-23 August**, **10am-4pm**. There will be a private viewing at **4pm** on **21 August**.

Our summer **retreat half-days** will be at St Joseph Hall on **Saturday 1 August** ("St Matthew") and **Saturday 29 August** ("How to Pray"). Tea/coffee after Mass, first talk begins at 10.30am, and the half-day finishes at 1.30pm. Bring a packed lunch.

Parish men's group will meet on **Friday 7 August** at **6.30pm**, starting in **St Joseph Chapel**, for prayer, followed by discussion & fellowship.

Keep **Sunday 16 August** in your diary for our annual **parish barbeque**, from **12 noon** at St Joseph Garden. No tickets; donations taken on the day.

Sheringham Beach Life – ***"Life to the Full in Jesus"*** - will take place **24–27 August**: **activities for families and young people**.

COLLECTION

Last week: **£1,366.04** *(plate: £511.54 + £785.50 standing order average + £60 DONA)* • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Stanley Stringer 1990, Helen Thomas 2025, Gerald Burrows 2006, Cecilia Everett 1999, Winifred Gude 1980, Mildred Vavasour 1990, John Lang 2021, Eamonn Sheridan 1989, John Durrant 1990, David Butt 1991, Paul Virgile 1951, James Bourke 1998, Gladys Silburn 2002, Carmel Regnaud 1986, Anthony Zaicewicz 1987, John Lang 2021.

ETERNAL REST
GRANT UNTO THEM
O LORD