CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

4 Week of Ordinary Time

Psalter Week IV · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
58 Cromer Road, Sheringham,
Norfolk, NR26 8RT

ourladyandstjoseph.info
07879 658 915

Our Lady of Refuge Church
147 Overstrand Road, Cromer,
Norfolk, NR27 0JH

Parish Priest
Father Simon Davies JCL • 07879 658 915
simon.davies@rcdea.org.uk

Operations Manager
07884 537 836 • Richard McNulty
admin@ourladyandstjoseph.info

Treasurer
Caroline O'Grady
treasurer.stjosephsandolr@gmail.com

Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
safeguarding@ourladyandstjoseph.info

Sunday 1 February			**4 Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	For the people	*at Cromer*
Sunday	9am Sung Mass	Aley Mathai +	*at Cromer*
	11am Sung Mass	Pat Teagle +	*at Sheringham*
	5pm Vespers & **Procession** & **celebration** in the Hall afterwards		*at Sheringham*
Monday	2 February		**Presentation of the Lord**
	8am Old Rite Mass	Private intention (†)	*at Sheringham*
Tuesday	3 February		**S Blaise**
	6pm Confessions & Adoration *until* Benediction *at 6.50pm*		*at Sheringham*
	7pm Mass	Alex Baines +	*at Sheringham*
Wednesday	4 February	**Feria** *(Votive Mass of the Blessed Sacrament)*	
	9.30am Mass	Chris Sibellas +	*at Cromer*
	followed by Adoration *until* Benediction *at 10.30am*		
	then followed by tea & coffee in the Hall		
Thursday	5 February		**S Agatha**
	9.30am Mass	Irene Hynes +	
	at St Andew's Anglican Church, Church Street, Holt, NR25 6BB		
Friday	6 February		**Japanese Martyrs**
First Friday	9.30am Mass	Joseph OJ +	*at Cromer*
Saturday	7 February		**Blessed Virgin Mary on Saturday**
First Saturday	9.30am Mass	Helen Thomas +	*at Sheringham*
	10am Confessions		*at Sheringham*
	10am Rosary		*at Sheringham*
	5.30pm Confessions until 5.50pm		*at Cromer*

At 5pm today, there will be First Vespers of Candlemas, with candlelit procession, and, welcoming local ecumenical guests, an address by Canon Stoker of Holt. There will be a celebration in the Hall afterwards.

FROM THE PARISH PRIEST

After the Creed at Sunday Mass we pray the **Universal Prayer**, also known as the *bidding prayers* or the *prayers of the faithful*. Having heard the Gospel and proclaimed what we believe, we then put that belief into action by turning to God in trust and *asking*. By asking God for something, we declare his power.

The structure is simple but intentional. A deacon or reader "bids/asks" the assembly to pray for a particular intention. These *biddings* are addressed to the people, not to God. The actual *prayer* is the assembly's response, e.g. "*Lord, graciously hear us*". It is called *universal* because the intentions are general rather than personal: we pray for all the sick, not for named sick individuals. We pray for the *Church* and the *World*.

The Church asks that the **Universal Prayer** covers four areas: the Church, the nation, the wider community (such as our towns), and a particular need of the local parish. In England, however, it is customary to include the Hail Mary, so here we usually keep to three intentions to prevent it from becoming too long-winded. The Hail Mary is introduced by invoking two of Our Lady's titles, often from the Litany of Loreto.

About once a month we also pray for The King, continuing a practice beginning after the liturgical changes of the 1960s, though it has now fallen out of use in some places. We also now have a moment of sacred silence, allowing everyone to bring their own private intentions to God, but doing so together with one another. The **Universal Prayer** concludes with a collect, either specially written or taken from the Missal.

PARISH ANNOUNCEMENTS

Pilgrimage to Rome: BOOK NOW! Monday 5 October – Friday 9 October 2026 (flying from Stansted). **Cost**: **£1,350** each based on 2 sharing, or **£1,450** for a single. **Accommodation**: Dinner, bed & breakfast. **Deposit: £350** required by **15 February**. Full payment required by 6 July. Visit https://pilgrimagepeople.org/book to book!

The **blessing of throats for St Blaise** will take place at Masses this weekend, as well as on Tuesday.

Please pray for **Mavis Sturgess**, who has died. Her funeral will take place on Friday 20 February at 10.30am at St Joseph.

Please continue to pray also for **Chris Sibellas**. His funeral will take place on Wednesday 11 February at 12 noon at Our Lady of Refuge.

Irene Hynes will be buried on Tuesday 3 February at 11am in the cemetery at St Joseph.

COLLECTION

Totals inc. plate, standing orders & DONA: 10/11 January: £1,084.23 • 17/18 January: £1,089.01 • 24/25 January: £1,151.81 • Dependent priests: £429.37 • Christmas Crib: £409.79 • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

David Parker 1993, Marguerite Nigg 1971, Denis Walshe 2010, Elizabeth Emery 1993, Diane Holgate 1952, William MacDonald 1953, Margaret Rigby, 1988, Michael Dunning 2012, Yvonne Glynn 1991, Helen Cresso 1953, Elizabeth Ridings 2009, Stella Porcelli 1996, Katie Heslin 1995, Eric Abbs 1987, Helga Gilbert 2020, Eva Millicent Wilkinson 1983, William Jamieson 2008, Ann Shepherd 2023.

ETERNAL REST GRANT UNTO THEM O LORD