CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

3 Week of Ordinary Time

Psalter Week III · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
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Norfolk, NR26 8RT

Our Lady of Refuge Church
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Sunday 25 January			**3 Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	Nutt (F)	*at Cromer*
Sunday	9am Sung Mass	For the people	*at Cromer*
	11am Sung Mass	Marie Richardson	*at Sheringham*
	3pm Old Rite Mass	Carter family (F)	*at Sheringham*
Monday	26 January		**Ss Timothy & Titus**
	No Mass today		
Tuesday	27 January		**S Angela Merici**
	6pm Confessions & Adoration *until* Benediction *at 6.50pm*		*at Sheringham*
	7pm Mass	Mary Foundress (F)	*at Sheringham*
Wednesday	28 January		**S Thomas Aquinas**
	9.30am Mass	Haywood (F)	*at Cromer*
	followed by Adoration *until* Benediction *at 10.30am*		
	then followed by tea & coffee in the Hall		
Thursday	29 January		**Feria**
	9.30am Mass	Dennis Gannon +	
	at St Andew's Anglican Church, Church Street, Holt, NR25 6BB		
Friday	30 January		**Feria** *(Votive Mass of the Holy Cross)*
	9.30am Mass	Coles (F)	*at Cromer*
Saturday	31 January		**S John Bosco**
	9.30am Mass	Holy Souls	*at Sheringham*
	10am Confessions		*at Sheringham*
	10am Rosary		*at Sheringham*
	5.30pm Confessions until 5.50pm		*at Cromer*

Next Sunday (1 February) at **5pm**, there will a procession and vespers for **Candlemas** at **St Joseph**, followed by a celebration in the Hall. Ecumenical guests are invited. Canon Stoker from Holt will be preaching.

FROM THE PARISH PRIEST

Continuing to focus on five parts of the Mass, we'll look briefly today at the use of the psalms. Originally, the psalms were liturgical texts used by priests in the Temple. They remain liturgical songs today.

Properly, each Mass begins (even before "*In the name of the Father*") with a *psalm*. The little scriptural or pious sentence at the start of Mass (said on most days, but sung on Sundays, and on your sheet as "entrance antiphon") is, in fact, the verse intended to be sung between psalm verses during the entrance procession. In many places, this has been replaced in practice by a hymn, which are. Hymns began life in the Church as liturgical songs which taught the details of Christian doctrine in a poetic way, but it's not uncommon today to see hymns use more as a mood-setter. However, the Missal of the Second Vatican Council, introduced in 1969 and which we use today, tried to restore this practice of involved *psalm* singing at Mass.

We also today sing after the first reading at all Masses the "responsorial psalm". It is called "responsorial" not because there is a "response" for *us* to remember and repeat, but because the psalm itself *responds* to the first reading. God sings to us in the "readings", the Church sings back to him in the psalms. The responsorial psalm can be sung as we commonly experience it (in paragraphs with a repeating verse), but it can also be sung all the way through in its entirety, without a verse.

The psalms express the whole gambit of human emotions and experiences. Praying them all the way through is a good practice. We do well to use them in our private prayers. When you prepare for your participation in Sunday Mass by looking at the Sunday readings in advance, never skip over the psalm!

PARISH ANNOUNCEMENTS

Pilgrimage to Rome: BOOK NOW! Monday 5 October – Friday 9 October 2026 (flying from Stansted). **Cost**: **£1,350** each based on 2 sharing, or **£1,450** for a single. **Accommodation**: Dinner, bed & breakfast. **Deposit: £350** required by **15 February**. Full payment required by 6 July. Please see the full itinerary in the porch or on the parish website, where you can also **book**, or by visiting this website directly:
https://pilgrimagepeople.org/book

Next Sunday at **5pm** in **St Joseph**, there will be a procession with first vespers of Candlemas. This will be followed by a celebration in the Hall. Local Christian communities have been invited, and Canon Stoker from Holt will be preaching. This is in reciprocation for Holt hosting us earlier in the month. Thank you for the many parishioners who attended… we certainly swelled St Andrew's! It would be wonderful for us likewise to come out in force next week and pray for Christian unity.

COLLECTION

Recent collection figures will be available next week • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Christine Farrow 1990, Margaret Millett 2002, Brenda Kavenagh 2009, Walter Roach 2011, Margaret Rubidge 2014, Jenny Brayne 1988, Marjorie Rooks 1998, Jacqueline Cooper 2013, Gladys Ealand 1982, Jonathan Grecan 1976, Bridget Lacey 2003, Joseph Batty 1984, Patritia Deare 1998, Rex Jones 2016, Jean Assirati 1989, Bragio Marchetti 2003, Frances Gilhooley 1996, Anna Middleton 1992, Ann Heslin 1999, Elizabeth Chilcott 1975, Louise Whitfield 2002, Bert Cremer 1980.

ETERNAL REST GRANT UNTO THEM O LORD