CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

2 Week of Ordinary Time

Psalter Week II · **Readings**: Sundays: A · Weekdays: II

St Joseph Church & Priest's Office
58 Cromer Road, Sheringham,
Norfolk, NR26 8RT

Our Lady of Refuge Church
147 Overstrand Road, Cromer,
Norfolk, NR27 0JH

Parish Priest
Father Simon Davies JCL
simon.davies@rcdea.org.uk

ourladyandstjoseph.info

Operations Manager
Richard McNulty • 07884 537 836
admin@ourladyandstjoseph.info

Treasurer
Caroline O'Grady
treasurer.stjosephsandolr@gmail.com

Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
safeguarding@ourladyandstjoseph.info

Sunday 18 January			**2 Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	Peter & Breeda Godfrey +	*at Cromer*
Sunday	9am Sung Mass	Chris Sibellas +	*at Cromer*
	11am Sung Mass	Anthony Kelly +	*at Sheringham*
Monday	19 January		**S Wulstan**
	No Mass today		
Tuesday	20 January		**S Sebastian**
	6pm Confessions & Adoration *until* Benediction *at 6.50pm*		*at Sheringham*
	7pm Mass	Alan Carswell +	*at Sheringham*
Wednesday	21 January		**S Agnes**
	9.30am Mass	For the people	*at Cromer*
	followed by Adoration *until* Benediction *at 10.30am*		
	then followed by tea & coffee in the Hall		
Thursday	22 January		**S Vincent**
	9.30am Mass	Marie-Lise Steel	
	at St Andew's Anglican Church, Church Street, Holt, NR25 6BB		
Friday	23 January		**Feria** *(Votive Mass for Christian Unity)*
	9.30am Mass	Mary Henriksen von Klinert +	*at Cromer*
Saturday	24 January		**S Francis de Sales**
	9.30am Mass	Angela Sandel +	*at Sheringham*
	10am Confessions		*at Sheringham*
	10am Rosary		*at Sheringham*
	5.30pm Confessions until 5.50pm		*at Cromer*

This week is the **Octave of Prayer for Christian Unity**. Christ wills that the Church, His Body, be united in a visible way. We pray daily: "*Lord, graciously grant your Church peace and unity in accordance with your will*".

Fr Simon is away Sunday PM to Saturday AM. A visiting priest will be celebrating weekday Masses.

FROM THE PARISH PRIEST

There are five Sundays until Lent! Over these Sundays, we will look at five parts of the Mass: (1) the penitential rite, (2) the psalm, (3) the universal prayer, (4) the preface dialogue, and (5) the kiss of peace.

We always start Mass with a penitential act, so that we may be more properly disposed to enter the mysteries with a humility about our limitations. The liturgy gives three ways to do this:

First, the "*I confess*". During this, we "beat the breast" three times. Some might do that with a clenched fist, because we think that penance is primarily about punishment. But properly, we use our **open palm**. Penance isn't fundamentally about punishment, but being open to conversion, change, and mercy.

Second, is a short couplet which, like the *I confess*, is also found in the ancient Roman liturgy: "**Have mercy on us, O Lord, for we have sinned against you** (*from psalm 41*). **Show us O Lord, your mercy, and grant us your salvation** (*from psalm 85*)." This is perhaps the least familiar of the three options, so **to become more familiar with it, we shall be using this option on many Sundays this year**. These sentences help us to remember that we all together rely on God's mercy, and we place our trust in him in praise.

Third, a short litany of praise responding with "Lord, have mercy; Christ, have mercy". These sentences are *not* a focus on ourselves (e.g. "*for the times we have been selfish, Lord have mercy…*"), rather, they are prayers of praise of Christ that "grow" out of one another, finishing by declaring Christ's divinity and sovereignty (e.g. "*you came to gather… you come in word and sacrament… you will come again in glory*").

PARISH ANNOUNCEMENTS

Pilgrimage to Rome: BOOK NOW! Monday 5 October – Friday 9 October 2026 (flying from Stansted). **Cost**: **£1,350** each based on 2 sharing, or **£1,450** for a single. **Accommodation**: Dinner, bed & breakfast. **Deposit: £350** required by **15 February**. Full payment required by 6 July. Please see the full itinerary in the porch or on the parish website, where you can also **book**, or by visiting this website directly:
https://pilgrimagepeople.org/book

A reminder that there is still time to renew or sign up for the **100 Club** lottery for this year: please complete any registration forms and payment or sign up sheets before **24 January** (that's this Saturday!).

There will be a meeting on **Friday 23 January** at **10.30am** in **Our Lady of Refuge**, led by Veronica and Mary to prepare *practicalities* for our Pancake Night Celebration and other 2026 social events.

COLLECTION

Recent collection figures will be available in 2 week's time • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Fred Fisher 2019, Kathleen Allison 1984, Harry Kavenagh 2004, Mary Henriksen von Klinert 2022, Alan Carswell 2003, Alfred Lawton 2009, Norah Hawes 2016, Emily Hedderman 1941, Lilly Cartin 2004, Lewis Hood 1999, Bill Hogan 2021, Eileen Dunham 1996, Elsie Parker 2006, Sr Rosalie Hall 1985, Angela Sandel 2025, Teresa Leadbitter 1958, Gertrude Dixon-Hall 2001, Patrick Henry 1982, Felix Harrigan 2015, Christine Farrow 1990, Margaret Millett 2002, Brenda Kavenagh 2009, Walter Roach 2011, Margaret Rubidge 2014.
ETERNAL REST GRANT UNTO THEM O LORD