CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

22nd Week of Ordinary Time

Psalter Week II · **Readings**: Sundays: C · Weekdays: I

St Joseph Church & Priest's Office
58 Cromer Road, Sheringham,
Norfolk, NR26 8RT

Our Lady of Refuge Church
147 Overstrand Road, Cromer,
Norfolk, NR27 0JH

Parish Priest
Father Simon Davies JCL
simon.davies@rcdea.org.uk

01263 822 036
ourladyandstjoseph.info

Office Administrator
Nicola Gilbert
admin@ourladyandstjoseph.info

Treasurer
Caroline O'Grady
treasurer.stjosephsandolr@gmail.com

Registered charity № 278742

Safeguarding Lead
Simon Mustoe-Arthur
safeguarding@ourladyandstjoseph.info

Sunday 31 August			**22nd Sunday of Ordinary Time**
Saturday	5.30pm Confessions until 5.50pm		*at Cromer*
	6pm Anticipatory Mass	Maureen Wiggall +	*at Cromer*
Sunday	9am Sung Mass	Chris Sibellas	*at Cromer*
	11am Sung Mass	Winifred Holt +	*at Sheringham*
	3pm Old Rite Mass	Alan Clarke +	*at Sheringham*
Monday	1 September		**Feria**
	No Mass today		
Tuesday	2 September		**Feria** *(Votive Mass of St Joseph)*
	6pm Adoration & Confessions until Benediction at 6.50pm		*at Sheringham*
	7pm Mass	Freddie Cleall (F)	*at Sheringham*
Wednesday	3 September		**S Gregory the Great**
	9.30am Mass	Yolande Lyne-Stevens +	*at Cromer*
	followed by Adoration until Benediction at 10.30am		*at Cromer*
Thursday	4 September		**S Cuthbert**
	9.30am Mass	Eugenia D. Trinh	
	at St Andrew's Church, Church Street, Holt, NR25 6BB		
Friday	5 September		**Feria** *(Votive Mass of the Sacred Heart)*
First Friday	9.30am Mass	For the people	*at Cromer*
Saturday	6 September		**Blessed Virgin Mary on Saturday**
First Saturday	9.30am Mass	Eileen Short +	*at Sheringham*
	10am Confessions until 10.30am		*at Sheringham*
	10am Rosary		*at Sheringham*
	5.30pm Confessions until 5.50pm		*at Cromer*

Monday is a day of prayer for the care of creation: please pray for a virtuous human stewardship of creation, "so that no-one irresponsibly destroys the natural goods that speak of the goodness and beauty of the Creator, nor, much less, subjects oneself to them as a slave or worshipper of nature, since things have been given to us in order to attain our end of praising God and thus obtaining the salvation of our souls" – *Pope Leo*

FROM THE PARISH PRIEST

Give us this day our daily bread… In this petition, we ask for more than just physical nourishment. Bread means not just bread in an ordinary sense, but more deeply it means everything we need to live by in body and soul. Our "daily, quotidian bread" is a "*super-substantial Bread*" – an *out-of-the-ordinary* Bread – which we understand to be, most especially, the Eucharist. With that Bread of Life, Christ feeds us with himself in order to sustain us. The petition also teaches us about trust (*faith*), taking each day at a time, asking not for tomorrow's Bread, and neither yearning after yesterday's fleshpots, but for *today's Bread.* God meets us in the "present moment". Each day, God showers sufficient grace for us to reach the day's end in our circumstances, if only we co-operate with it. This petition reminds us that life itself, every moment, is gift.

Notice also in this petition that we pray not for *My Bread*, but *Our Bread.* The Eucharist, God's gift of himself, and his gifts in general, are not simply for our own private possession. They foster *communion.* The Eucharist is a symbol of real, definitive, and perfect communion between his disciples. This is why, ultimately, the Eucharist is received by those who are in *full communion* with both God and his Church, which is his Body. In receiving the Body of Christ, the Bread of Life, we are bound not only to the Lord, but to one another: we rejoice and weep together as one. His gift, not our effort, is the *source* of our unity.

PARISH ANNOUNCEMENTS

Richard McNulty is walking to **Walsingham** (from Norwich) this week on pilgrimage, and has asked for **prayer petitions** to take with him. There are sheets at the back for you to write your intentions on, and he will take these with him to Our Lady.

The **Norfolk Churches Trust Bike Ride and Walk** takes place on **Saturday 13 September**. We still need volunteers at both churches, so sign up! **Sponsorship forms** also still available.

St Joseph will also be participating in **Heritage Open Days** (supported by the National Trust) on **Saturday 20 September**. Volunteers will be needed!

Each day 11am – 4pm until 14 September, the **Outsiders Exhibition** – a photography exhibition by Marc Davenant – at **Cromer Artspace** on the **Prom** is open to all. The exhibition, in partnership with Shelter, focusses on **contemporary homelessness**. As we know, there is much poverty, homelessness, and despair in our towns just underneath the surface, and our local SVP has done and continues to support the homeless and those with housing needs. Please take the time to visit this exhibition, to help strengthen us in our obligation of charity as Catholics, and keep this subject ever in your prayers.

COLLECTION

Last weekend: **£1,266.60** (£580.80 *standing order average* + £600.80 *plate* + £85 *DONA*) • **Thank you!**

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection. Donations by **card** can be made using the **payment stations** at the **back of church**.

ANNIVERSARIES

Sarah Kavenagh 1986, Yolande Lyne-Stevens 1894, Grace Ellis 1983, Mary Holt 2002, Martha Fernandez 2002, Freddie Cleall 1990, John Kavenagh 2011, Edward Ireland 1982, Joseph Aylward 2010, Judith Atkinson 1986, John Assirati 1989.

❦

ETERNAL REST GRANT UNTO THEM

O LORD