CATHOLIC PARISH OF OUR LADY & ST JOSEPH

Sheringham & Cromer

1st Week of Lent

Psalter I · Sunday Readings C

St Joseph' Church & Priest's Office
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Sunday 9 March			**1st Sunday of Lent**
Saturday	6pm Mass (Anticipatory)	For the people	*at Cromer*
Sunday	9am Sung Mass	Jim Grant +	*at Cromer*
	11am Sung Mass	Bill Horner +	*at Sheringham*
Monday	10 March		**Lent feria (St John of God)**
	No Mass today		
Tuesday	11 March		**Lent feria**
	6pm Adoration & Confessions until benediction at 6.50pm		*at Sheringham*
	7pm Mass	Marissa Calma	*at Sheringham*
Wednesday	12 March		**Lent feria**
	9am Mass	Alex Yuill +	*at Cromer*
	9.30am Stations of the Cross & Benediction		*at Cromer*
Thursday	13 March		**Lent feria**
	9.30am Mass	Private intention (CD)	
	at St Andrew's Church, Church Street, Holt, NR25 6BB		
Friday	14 March		**Lent feria**
	9am Mass	Holy Souls	*at Cromer*
	9.30am Adoration & Benediction & Confessions in the Hall until 10am		*at Cromer*
	1.30pm Funeral Mass	Bill Horner +	*at Sheringham*
	6pm Stations of the Cross		*at Sheringham*
Saturday	15 March		**Lent feria**
	9.30am Mass	Rosaleen & John O'Grady +	*at Sheringham*
	10am Rosary		*at Sheringham*
	5.30pm Confessions		*at Cromer*

I haven't been picking up *all* emails sent to me over the past few weeks, because of an upgrade to my profile by the company which manages it. Please tell me if you haven't had an expected response to any emails sent.

FROM THE PARISH PRIEST

The whole Christian year pivots on the Easter Vigil: the celebration of Christ's Resurrection and our entry into his life in Baptism. The whole season of Easter extends it, and the whole season of Lent prepares for it. Our Lenten practices are meant to help renew the seed of faith we received at our own baptism. As a reminder of this, throughout Lent and Easter, we will be **sprinkled with water at the start of the Sunday sung Masses**, and on every Sunday and Solemnity in the seasons we will be reciting the **Apostles' Creed**.

As well as prayer and fasting, almsgiving during Lent is also important. We all have causes dear to our heart. I would also warmly encourage you to buy something extra during Lent while grocery shopping to add to a Foodbank box at your supermarket. You may not know that our local Foodbank uses St Joseph's Hall as a weekly venue. I have also **designated two charities** that the parish can donate to this Lent:

- **St Vincent de Paul Society** work specifically **supporting children locally** in our region
- **St John of Jerusalem Eye Hospital Group**, which provides essential eye care and surgeries to those in need in Jerusalem, the West Bank, and Gaza.

On our **DONA card payment stations** at the **back of each church**, there is an option for **Lenten Alms.** Donations received through **Lenten Alms** will go to these two designated charities.

PARISH ANNOUNCEMENTS

CAFOD's Family Fast Day is this **Friday 14 March**. This is a way of showing love solidarity with the poor across our world. **Gift-aid envelopes** are available in both churches.

You can also give to CAFOD by using the **DONA payment stations** at the back of the churches. Contact CAFOD rep. David Burns for more info: 07831 394 346.

Thank you to all those who prepared and served our pancake supper on Shrove Tuesday and prepared the raffle. We raised **£373.50**!

On **23 March**, 3 Sunday of Lent, we will have a parish **Lent Soup Lunch** together in St Joseph's Hall after 11am Mass. Money raised after expenses at our Pancake Celebration and Lent Soup Lunch will be **donated to our designated Lent causes**.

COLLECTION

Last week's collection: **£939.96** (£412.27 plate & £522.69 standing order weekly average & £5 DONA card payment) • Thank you!

Bank details for **donations** or **standing orders:**

Name: **Our Lady and St. Joseph Parish**
Sort code: **20-03-26**
Account number: **30783412**

Gift-aid envelopes are available for **visitors** who are UK tax-payers. Please complete in pen and place in the collection.

Donations by **credit/debit card** can be made using the **card payment stations** at the **back of church**.

ANNIVERSARIES

Margaret Bamford 2006, John Flanagan 2007, Mary Haynes 2002, Frederick Manning 1992, Olive Kent 2011, Zeline Harrison 2002, Francis Atkinson 1992, John Shanahan 1947, Evelyn Lilley 1996, Brenda Winch 2023, George Royston 1999

ETERNAL REST GRANT UNTO THEM O LORD