SICK AND HOUSEBOUND

Please keep the sick and housebound in your prayers – simply with a general intention for them (this is because of the requirements of the GDPR).

ANNIVERSARIES: 30th Jan – 5th February 2022

Elizabeth Chilcott 1975, Louise Whitfield 2002, Bert Cremer 1980, David Parker 1993, Marguerite Nigg 1971, Denis Walshe 2010, Elizabeth Emery 1993, Diane Holgate 1952, William MacDonald 1953, Margaret Rigby, 1988, Michael Dunning 2012, Yvonne Glynn 1991, Helen Cresso 1953, Elizabeth Ridings 2009, Stella Porcelli 1996 and Katie Heslin 1995.

May they rest in peace.

DIOCESAN AND PARISH INFORMATION

The Bishop: The Right Revd. Alan S. Hopes
The Parish Priest: The Revd. James Fyfe:
58 Cromer Road, Sheringham
NR26 8RT Tel: 01263-822036
Parish e-mail: ourladyandstjoseph@btinternet.com
Parish website: www.ourladyandstjoseph.info

30th January 4th Sunday in Ordinary Time
6pm Vigil Mass OLR - RIP Peter Haynes
9am OLR – RIP Beryl Terry
11am Sheringham - For the People
3pm St Joseph's – Latin Mass (Fr Denys)

Tue 1st 7pm SJ. St Henry Morse – Nellie McLone
Wed 2nd OLR 9am – The Presentation of the Lord - Feast
Des & Jenny Swales' Golden Wedding anniversary
Thu 3rd Holt 9.30am feria – Peace for the Ukraine
Fri 4th OLR 9am feria – SVP's New House Blessing
Sat 5th S.J 9am S Agatha - RIP Una Forde

6th February Fifth Week of the Year
6pm Vigil Mass OLR – For the People
9am OLR – RIP Rosaleen & John O'Grady
11am S.J – M. Oakins (Recovery) (Horner)

THE CATHOLIC PARISH OF OUR LADY AND ST JOSEPH SHERINGHAM AND CROMER

Registered Charity (Charity Commission No. 278742)

Sunday, 30th JANUARY, 2022

FOURTH SUNDAY IN ORDINARY TIME

Weekday Readings: 4th Week of the Year C

Psalms: Week 4



The Presentation of Christ in the Temple
(we celebrate this feast on Wednesday)

Dear Parishioners,

Following the announcement that 'Plan B' will be lifted in full on January 27, the following guidance is offered by the bishops' conference to the dioceses of England and Wales to take effect on January 28 2022.

Acts of Worship

The Church in England and Wales supports the vaccination programme and encourages people to be vaccinated. As society is moving towards the stage where the virus is moving from the pandemic phase to the endemic phase there is still a risk associated with gathering for sustained periods in enclosed spaces and therefore **there needs to be continued caution by all against infection.** This guidance has been written with this principle in mind. Anyone displaying symptoms of Covid-19 should stay at home and not participate in acts of worship in church. This is good practice for any transmissible illness. Medical advice should be sought as appropriate for those who are ill. The main form of virus transmission is via personal oral or nasal aerosol. Those attending an act of worship may continue to wear a face covering (both nose and mouth) whilst in the church building. **There is no need for formal social distancing in church buildings, although those present should be sensitive to the needs of others around them**. Churches should continue to ensure there is good ventilation, balancing this against the need for church heating, especially at this time. The use of hymn books, missals and other worship aids can be resumed with immediate effect. All ministers of Holy Communion (clergy and lay people) should still sanitise their hands for the distribution of Holy Communion. Holy water stoups may be refilled but care should be taken that the water is changed regularly (at a minimum of once a week). Usual forms of church cleaning are sufficient.

Regarding the liturgical action, **the Sign of Peace may be offered again** if felt appropriate. For the time being, Holy Communion must continue to be given under one kind only (the Sacred Host) and for concelebrations of clergy, intinction of the Precious Blood with the Sacred Host should continue to be used. **Congregational singing** may continue and there is a general encouragement to wear face coverings while singing. However, it is recognised that not everyone will feel able to do this. **Parish social activities can be resumed** and it is recommended that the normal Health and Safety risk assessment for the activity and the space used for the activity is reviewed for these types of gatherings.

Home Visits can continue (or begin again if they had been suspended) by priests, deacons and extraordinary ministers of Holy Communion and other volunteers. It is recommended (outside hospital and hospice chaplaincies and social care institutions who have infection control in place) that the number of people visited is assessed beforehand to prevent the possibilities of transmitting the virus between people. Assessing the time spent with people and ensuring that there is good ventilation and cleanliness during the visit are also good practice.

Conclusion Whilst this reduction of restrictions brings about a more normal way of living, the Covid-19 virus is still in circulation, and this should be in the mind of those participating in the life of the Church as time goes forward holding in balance the need for personal safety and taking responsibility for that safety.

SVP NEWS

Bishop Alan is coming to bless the SVP's new house on Friday 4th Feb – the 9am Mass will be said for that intention. Meetings of the North Norfolk SVP have now begun again and they meet at OLR on Thursdays.

I very much hope that during February we can get the broken heater in OLR repaired so that the Church will be heated properly for the first time in over two years.

THE DIOCESAN NEWSPAPER HAS COME – PLEASE TAKE ONE!

NORMAL TIMES FOR CONFESSIONS

S. Joseph's Saturday after 9am Mass

OLR Saturday 5pm

AND AT CALL. Ring 01263 822036

This Sunday- tea & coffee at OLR please join us after Mass.

Yours, in Christ,

Fr James.