

### **SICK AND HOUSEBOUND:**

Please keep the sick and housebound in your prayers – simply with a general intention for them (this is because the requirements of Data Protection Regulations).

**ANNIVERSARIES:** Pamela Hicks (2014), Michael Oliver (2004), Dorothy Morrish (1988), Adelina Murray (2005), Christina Bradley (2012), Joseph Quercia (1941), George Jervis (1964), Carol Irving (2000), James Cox (2009), William King (2010), R.I.P. **Please also remember:** Fr David Hennessy and Gerald Wickens, who have died recently.

### **DIOCESAN AND PARISH INFORMATION**

**The Bishop: The Right Revd. Alan S. Hopes**

**The Parish Priest: The Revd. Denys Lloyd: 58 Cromer Road, Sheringham NR26 8RT Tel: 01263-822036**

**Priest-in-Residence: The Revd. Tim Bugby: Ordinariate of O.L.W.**

**Deacon: The Revd. Andrew Neate**

**Parish e-mail: [ourladyandstjoseph@btinternet.com](mailto:ourladyandstjoseph@btinternet.com)**

**Parish website: [www.ourladyandstjoseph.info](http://www.ourladyandstjoseph.info)**

### **Masses this weekend:**

**THE FIFTH SUNDAY OF LENT (Year ‘C’)**

**Saturday 6pm (Cromer)** In Thanksgiving (Manu Mathew)

**Sunday: 9am (Cromer)** People of the Parish

**11am (Sheringham)** R.I.P. Alan Chastney

**Monday: Lent Feria 9am (Sheringham)** Sophia Padda (Baptism)

**Tuesday: Lent Feria 7pm (Sheringham)** R.I.P. Alec Clark

**Wednesday: Lent Feria 9am (Cromer)** R.I.P. Joan Baines

**Thursday: Lent Feria 9.30am (Holt)** R.I.P. Tony Perry

**Friday: Lent Feria 6.45am (Cromer)** Parish Lent Observance; **9am (Cromer)**

Survivors of Sexual Abuse

**Saturday: Lent Feria 9am (Sheringham)** R.I.P. Elizabeth Douglas

### **Masses next weekend:**

**PALM SUNDAY OF THE PASSION OF THE LORD (Year ‘C’)**

**Saturday 6pm (Cromer)** R.I.P. Mary Marfleet

**Sunday 9am (Cromer)** People of the Parish

**11am (Sheringham)** R.I.P. Francis Bullock

**Confessions: Saturday 9.30am – 10.30am at Sheringham; Saturday 3pm – 4pm and 5pm – 5.30pm at Cromer**

**Exposition of the Blessed Sacrament: Monday at St Joseph’s 9.30am – 10am;**

**Wednesday at Our Lady of Refuge 9.30am – 10am**

**Stations of the Cross and Benediction: Sundays at 3pm at both churches**

**Rosary: Monday at 7pm and Thursday at 7pm at Our Lady of Refuge**

## **THE CATHOLIC PARISH OF OUR LADY AND ST JOSEPH SHERINGHAM AND CROMER**

A Registered Charity (Charity Commission No. 278742)

News-sheet for the week beginning

Sunday, 7<sup>th</sup> April, 2019

**THE FIFTH SUNDAY OF LENT (Year ‘C’)**

Weekday Readings: Lent Week 5

Psalms for Week 1

Eucharistic Prayer 3 at all weekend Masses

Eucharistic Acclamation 3 at all weekend Masses

**‘Go, and sin no more...’**

(St John, Chapter 8: today’s Gospel)

Dear Parishioners,

We enter now into the Season of Passiontide. The crucifixes, statues and other images in church are now veiled and we pray for grace to share deeply through the liturgy and our personal prayer in the mystery of Christ's redeeming Passion.

This week we welcome once again to the Parish Br Duncan Smith, Monk of Quarr Abbey on the Isle of Wight. Br Duncan is Novice Master and also Precentor at Quarr. He will give illustrated talks – as a preparation for Holy Week and Easter – on Tuesday at 2.30pm and 7.30pm at Sheringham (in the Hall); and on Thursday at 2.30pm and 7.30pm at Cromer (in the Hall). I am sure that those of you who attended Br Duncan's talks last year will want to hear him again this year – and, as an added bonus, this year the talks will be accompanied by a 'Power Point' presentation of fine illustrations from illuminated manuscripts. (The evening talks will be repeats of the talks given on the same day in the afternoon).

**'Parish 100 Club':** The Draw for March was held after the Cromer 6pm Saturday Mass last week. Winners:  
1<sup>st</sup> Prize: J. Molyneux (No 263); 2<sup>nd</sup> Prize: Anita Richards (No 17);  
3<sup>rd</sup> Prize: Gillian Wiseman (No 244). *Congratulations!*

On Sunday: Stations of the Cross and Benediction at St Joseph's; and at Our Lady of Refuge at **3pm**.

Lent Alms this year will be for two charities: 'Aid to the Church in Need' – for its work in Syria and Iraq; and 'The Cambridge Nazareth Trust'. The Website for the latter charity is well worth having a look at: [www.cambridgenazarethtrust.co.uk](http://www.cambridgenazarethtrust.co.uk)

#### **EARLY MASS ON FRIDAYS IN LENT:**

On Friday we have the fifth of our 'Early Lent Masses'. This Friday it will be at Our Lady of Refuge at 6.45am.

#### **EVENTS THIS WEEK**

##### **Tuesday:**

**12.30pm:** Lent Lunch (St Joseph's Hall): St Andrew's (Methodists) catering

**2.30pm and 7.30pm:** Talks in preparation for Holy Week and Easter by Br Duncan, Monk of Quarr - at St Joseph's.

**7.30pm:** Choir Practice at Cromer

##### **Wednesday:**

**5.30pm:** Choir Practice at Sheringham

##### **Thursday:**

**2.30pm and 7.30pm:** Talks in preparation for Holy Week and Easter by Br Duncan, Monk of Quarr – at Our Lady of Refuge.

##### **Friday:**

#### **DAY OF PRAYER FOR VICTIMS AND SURVIVORS OF SEXUAL ABUSE**

**6.45am:** Lent early Mass at Our Lady of Refuge this week

**9am:** Mass at Our Lady of Refuge – with Intention for Victims and Survivors of Sexual Abuse.

##### **Saturday:**

Extra times for Confessions before Easter:

St Joseph's: 9.30am – 10.30am (2 Priests available)

Our Lady of Refuge: 3pm – 4pm (2 Priests available) and 5pm – 5.30pm

Reconciliation Service for Lent at Sacred Heart Catholic Church, North Walsham at 11.30am (3 Priests available for individual Confessions)

##### **Also this Saturday:**

**SPRING WALK:** Aldborough/Erpingham/Calthorpe.... A circular walk. Approx. 4 miles. On Field Paths and Quiet Lanes. Includes a short visit to Thwaite Church. Meet at the Black Boys Public House in Aldborough at 10.45am. A pre-booked sandwich lunch has been arranged on return. To reserve a place and liaise re transport please ring Deacon Andrew on 01263-510248.

**BEREAVEMENT:** We offer our sympathy and assurance of prayers to Joanne Laird and her family on the death of her Mother, Elizabeth.

### **‘EXPLORING PRAYER’:**

Workshops on this topic will be led by Margaret Mary McFadyen during May and June in the Parish. There will be six Sessions on Wednesday afternoons and evenings (the evening Session a repeat of the afternoon Session). I hope this will enable as many members of the Parish as possible to attend.

The Sessions will be on the following Wednesdays:

May 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>; June 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>.

Margaret Mary McFadyen will also speak at the end of Mass (at both morning Masses) on Sunday, May 12<sup>th</sup> – to introduce this ‘exploration of prayer’.

The 6 Sessions will be as follows:

1. The ‘Spiritual Exercises’ (of St Ignatius Loyola)
2. ‘Lection Divina’ (Prayerful reading)
3. Imaginative contemplation
4. Praying with images
5. The ‘Examen’ – a form of prayer advocated by St Ignatius as being important for living reflectively with God
6. ‘Ignacio de Loyola’ – a film – and Social Evening.

### **FOOD BANK**

Particular needs: tinned meat, tinned fish, tinned potatoes, tinned vegetables, rice pudding, UHT milk, semi-skimmed or full fat, jam, crisps, pasta sauce, chocolate, washing powder/liquid, deodorant, shampoo, size 5 and 6 nappies, toilet rolls. Also, as always, *financial donations* are most welcome (in an envelope marked ‘Food Bank’ in the weekend collection).

**VISITORS TO OUR PARISH:** You are most welcome and we hope you enjoy your stay with us. We provide Gift Aid envelopes for those who normally use this method for their Church giving. Envelopes are to be found in the pews (or on the window sills at Cromer). Would you please complete in ink or biro with your full name, **HOME ADDRESS AND POST CODE (not your holiday address)**. Visitors are most welcome to join members of the Parish for Refreshments after both Sunday Masses.

### **CHRISM MASS: Tuesday, 16<sup>th</sup> April at 7pm at St John’s Cathedral:**

The coach will pick up at St Joseph’s at 4.45pm and at Our Lady of Refuge at 5pm; return from Norwich at about 9.30pm.

There is a list in both churches for you to sign, if you would like a seat on the coach.

**EASTER LILIES:** There are lists in both churches for you to order lilies for St Joseph’s, in memory of departed family or friends.

### **MAUNDY THURSDAY WATCH and MAUNDY THURSDAY FEET WASHING:**

Please sign up on the lists (in both churches) if you are able to keep watch on the Rota of watchers before the Blessed Sacrament from after the Maundy Thursday Mass until Midnight.

Also, please sign up if you are able to volunteer to have your feet washed.

*Copies of the Parish Programme for Lent, Holy Week and Easter are available in both churches.*

**BISHOP ALAN’S PASTORAL LETTER FOR THE FIRST SUNDAY OF LENT:** Copies of the Letter are available in both churches.

**‘WALK WITH ME’ Booklets for Lent:** these are now available at both churches: price £1.

**‘LIVING FAITH’ Booklets:** The issue for April, May and June is now available: price £1

**PARISH PASTORAL COUNCIL:** The Minutes of the Meeting held on March 13<sup>th</sup> are available in both churches

## NEWMAN LECTURES 2019

This year the Newman Lectures will be a series of three lectures, devoted to Mary, one of Newman's great loves. There is also a change of venue. From this year, the Newman Lectures move to the Narthex at St John's Cathedral. This will enable those attending to take advantage of the Cathedral gardens and the Narthex Bar before and after each lecture.

The dates, title and speakers are as follows:

**Thursday, 23<sup>rd</sup> May:** 'Mary in Sacred Scripture' – Fr John Hemer:  
Allen Hall Seminary, Westminster

**Thursday, 30<sup>th</sup> May:** 'Mary in Sacred Music' – Daniel Justin (and the Schola of St John the Baptist Cathedral). Daniel Justin is the Director of Music in the Diocese of East Anglia.

**Thursday, 6<sup>th</sup> June:** 'Mary in Sacred Art' – Dr Caroline Farey

There is no need to book tickets to these events. Everyone is welcome to attend. Lectures start at 6.30pm and parking at the Cathedral is free.

### **CONFESSIONS FOR THE SICK AND HOUSEBOUND**

**BEFORE EASTER:** Please let Fr Denys (01263-822036) or Fr Tim (01263-512830) know - or ask the Minister of Holy Communion to pass on a message to the clergy – if you would like a Priest to come to hear your Confession before Easter.

**Cleaning Rota at Cromer:** S. & M. Mustoe-Arthur  
**Church Cleaning Rota at Sheringham:** C. O' Grady  
**Counters:**

**SHERINGHAM This week:** K. Jones

**Next week:** P. Bowie & G. Brooks

**CROMER This week:** P. & B. Godfrey

**Next week:** R. & L. McNulty

**Collections last weekend: £1,056.60. Lent Alms (to date):**  
**(for 'Aid to the Church in Need' (work in Syria ad Iraq) and**  
**'Cambridge Nazareth Trust'): £213.13**

## **A REFLECTION FOR PASSIONTIDE**

'The Cross is a revelation. It does not reveal any particular thing, but God and man. It reveals who God is and who man is. There is a curious presentiment of this situation in Greek philosophy: Plato's image of the crucified "just man". In Plato's "Republic", the great philosopher asks what is likely to be the position of a completely just man in this world. He comes to the conclusion that a man's righteousness is only complete and guaranteed when he takes on the appearance of unrighteousness, for only then is it clear that he does not follow the opinion of men, but pursues justice only for its own sake. So, according to Plato, the truly just man must be misunderstood and persecuted in this world. Indeed, Plato goes so far as to write:

"They will say that our just man will be scourged, racked, fettered, will have his eyes burnt out, and at last, after all manner of suffering, will be crucified...."

This passage, written four hundred years before Christ, is always bound to move a Christian deeply. Serious philosophical thinking here surmises that the completely just man in this world must be the crucified just man; something is sensed of that revelation of man which comes to pass on the Cross.

The fact that when the perfectly just man appeared he was crucified, delivered up by justice to death, tells us pitilessly who man is: thou art such, man, that thou canst not bear the just man – that he who simply loves becomes a fool, a scourged criminal, an outcast. Thou art such because, unjust thyself, thou dost always need the injustice of the next man in order to feel excused, and thus canst not tolerate the just man, who seems to rob thee of this excuse. Such thou art.

St John summarized all this in the '*Ecce Homo*' ("Look, this is the man!") of Pilate, which means quite fundamentally: this is how it is with man; this is man.'

'Introduction to Christianity'  
Josef Ratzinger